The Chronobiology of Dietary Supplements

Michael H. Smolensky, Ph.D.
Professor
Department of Biomedical Engineering, University of Texas—Austin
Sleep Medicine Program, McGovern School of Medicine,
University of Texas Health Science Center—Houston

Wednesday, April 19, 2017 • 11:00 a.m. – 12:00 noon
ODS 1st Floor Conference Room
6100 Executive Boulevard • Rockville, MD 20852

Dr. Smolensky obtained his bachelor, master, and doctoral degrees from the University of Illinois. His training and expertise are multidisciplinary—biological rhythm, environmental, and medical sciences. He was Professor of Environmental Physiology in the Division of Environmental and Occupational Health Sciences at The University of Texas-Houston School of Public Health, with appointments at The University of Texas-Houston McGovern School of Medicine Departments of Pediatrics and Internal Medicine and The University of Texas-Houston School of Nursing, before moving to The University of Texas-Austin in 2007 as Adjunct Professor of Biomedical Engineering in the Cockrell College of Engineering and Visiting Professor of Sleep Medicine at The University of Texas-Houston McGovern School of Medicine.

Dr. Smolensky was founder and decade-long director of the Memorial-Hermann Center for Chronobiology and Chronotherapeutics, the first polyclinic routinely incorporating biological rhythm methods to diagnose and treat human disease. He founded and edited for 32 years Chronobiology International and co-founded and directs the American Association of Medical Chronobiology and Chronotherapeutics (biological rhythms and medications).

Dr. Smolensky is author or co-author of more than 300 academic and clinical publications and several monographs and books, including The Body Clock Guide to Better Health co-authored with Lynne Lamberg. He has served as consultant to pharmaceutical and medical device companies and advisor, among others, to the Agency for Healthcare Research and Quality, Food and Drug Administration, National Institutes of Health, National Toxicology Program, National Aeronautics and Space Administration, and National Institute of Occupational Safety and Health.

Recent Publications


Attend by webinar (access code: 625 110 215, password: ODSSeminar) or by toll-free conference call: 1-877-668-4493.