



National Institutes of Health
Office of Dietary Supplements

2026–2027 Seminar Series

Dietary Supplements for Body Composition, Healthy Weight, and Physical Performance

Wed., October 21 | 11 a.m. – 12 p.m. ET

Please join our panelists, Dr. Antonio and Dr. Kerksick.

[Registration](#) is required to attend.



Jose Antonio, PhD, FNSCA, FISSN, FACSM, FESPM is Professor of Exercise and Sport Science in the Dr. Kiran C. Patel College of Osteopathic Medicine at Nova Southeastern University. He is CEO and co-founder of the International Society of Sports Nutrition (ISSN), the only academic nonprofit dedicated to sports nutrition, and Vice President and co-founder of the Society for Sports Neuroscience. He serves as Editor-in-Chief of the Journal of the International Society of Sports Nutrition and frequently lectures internationally on sports nutrition, protein metabolism, creatine, and evidence-based supplementation.



Chad M. Kerksick, PhD, FACSM, FNSCA, FISSN, CISSN, CSCS*D, NSCA-CPT*D, is currently a Professor of Exercise Science and Assistant Dean for Research and Innovation in the College of Science, Technology, and Health at Lindenwood University and serves as the Director of the Exercise and Performance Nutrition Laboratory (www.lindenwood.edu/epnl) and is former President of the International Society of Sports Nutrition. His research interests primarily span areas related to exercise and nutrition intervention and their impact on health, performance, and recovery. His research team routinely

presents and publishes research in areas focused upon dietary supplements, human performance, recovery, exercise training adaptations, and optimization of health.