

NIH Office of Dietary Supplements (ODS) 2023–2024 Seminar Series

Updates from the FDA Office of Dietary Supplement Programs

Cara Welch, Ph.D.
Center for Food Safety and Applied Nutrition, Food and Drug Administration
College Park, MD

Wednesday, September 13 • 11 a.m. – 12 p.m. ET

Join the [Webinar](#)

Access code: 161 208 0906 Password: ODSseminar (63773646 from phones)



Cara Welch, Ph.D., is the Director of the Office of Dietary Supplement Programs in FDA's Center for Food Safety and Applied Nutrition. Since 2014, Dr. Welch has served in different FDA roles related to regulatory, compliance, and scientific matters for the agency's regulation of dietary supplements. She also worked in the Office of the Commissioner as the Acting Special Assistant to the Deputy Commissioner for Policy, Legislation, and International Affairs, providing expertise on agency-level food policy issues. Prior to joining FDA, Dr. Welch was the Senior Vice President of Scientific and Regulatory Affairs at the Natural Products Association. She earned her Ph.D. in Medicinal Chemistry from Rutgers University, working with traditional medicinal African plants.



**Strengthening Knowledge and
Understanding of Dietary Supplements**