



## Agenda (revised 10/18)

### DAY 1 — Monday, October 25

- 10:00 a.m. **Opening Remarks**  
Joseph Betz, Acting Director, Office of Dietary Supplements (ODS)
- James Anderson, Director, Division of Program Coordination, Planning, and Strategic Initiatives (DPCPSI)
  - Francis Collins, Director, NIH
  - Setting the Stage, Joseph Betz, ODS
- 10:30 a.m. **Dietary Supplement Use in the U.S.**
- Programmatic Introduction – Nancy Potischman, ODS
  - Dietary Supplement Use by Americans: Trends and Changes Over Time – Regan Bailey, Purdue University
- 11:00 a.m. Remarks by Bernadette Marriott, ODS Director 1995-1999, current Professor and Nutrition Research Center Director Emerita at Medical University of South Carolina
- 11:10 a.m. **BREAK**
- 11:30 a.m. **Clinical Trials of Dietary Supplements, Part 1**
- Introduction – Cindy Davis, U.S. Department of Agriculture
  - Age-Related Eye Disease Study (AREDS) – Emily Chew, National Eye Institute
  - Vitamin D and Omega-3 Trial (VITAL) – JoAnn E. Manson, Brigham Health/Harvard University
  - Selenium and Vitamin E Cancer Prevention Trial (SELECT) – Lori Minasian, National Cancer Institute
- 1:00 p.m. **LUNCH**
- 1:45 p.m. Remarks by Paul Coates, ODS Director 1999-2018, current President of the American Society for Nutrition
- 1:50 p.m. **Clinical Trials of Dietary Supplements, Part 2**  
*Moderator:* Karen Regan, ODS, Office of Nutrition Research (ONR)
- Physician's Health Study II – Howard Sesso, Harvard University
  - *Ginkgo biloba* prevention trial – Steven DeKosky, University of Florida College of Medicine
  - Panel discussion and Q&A
- 3:05 p.m. **BREAK**
- 3:25 p.m. **Botanical Dietary Supplement Research**
- Programmatic Intro – Barbara C. Sorkin, ODS
  - *Hydrastis canadensis* (goldenseal) and mechanistic synergy – Nadja Cech, University of North Carolina Greensboro
  - *Centella asiatica* (gotu kola) and resilience in aging – Amala Soumyanath, OHSU School of Medicine

4:20 p.m. **Integrated Panel Discussion and Q&A**  
*Moderator:* Joseph Betz, ODS

4:45 p.m. **First day concluding remarks**  
Joseph Betz, ODS

5:00 p.m. **Adjourn**

## DAY 2 — Tuesday, October 26

10:00 a.m. **ODS Initiatives to Coordinate and Catalyze Research**  
*Moderator:* Patricia Haggerty, ODS

- Evidence-based review program
  - Programmatic Intro – Anne Thurn, ODS
  - Speaker – Patsy Brannon
- Vitamin D Initiative
  - Population studies, literature reviews, RDAs – Christine Taylor
  - Vitamin D Standardization Program – Christopher T. Sempos
- Iodine Initiative
  - Overview – Abby Ershow, ODS
  - Speaker – Elizabeth Pearce, Boston University
- Resilience Program
  - Programmatic Intro – LaVerne Brown, ODS
  - Speaker – Patricia Deuster, Uniformed Services University of the Health Sciences
- Questions and answers

12:00 noon **LUNCH**

12:55 p.m. **ODS Resources to Enhance Research and Disseminate Knowledge**

- Dietary Supplement Databases
  - DSLD – Johanna Dwyer, Leila Saldanha, Rich Bailen—All ODS
  - DSID – Karen Andrews, U.S. Department of Agriculture
- Analytical Methods and Reference Materials Program
  - Programmatic Intro – Adam Kuszak, ODS
  - Curcumin metabolites – Claus Schneider, Vanderbilt University
- Education and Communications – Paul Thomas and Carol Haggans, ODS

2:15 p.m. **BREAK**

2:35 p.m. **Training the Next Generation of Dietary Supplement Researchers**  
*Moderator:* Karen Regan, ODS, ONR

- ODS activities to enhance the dietary supplement research workforce – Jaime Gahche, ODS
- Scholar scientific presentation 1 – Katie O'Brien, National Institute of Environmental Health Sciences
- Scholar scientific presentation 2 – Zhi-Hong Yang, National Heart, Lung, and Blood Institute

3:25 p.m. **Discussion and Closing Remarks – Looking to the Future**  
*Moderator:* Joseph Betz, ODS

4:15 p.m. **Adjourn**